Anas Alqahtani

Role	Nursing Specialist
Location	Al Khobar, Saudi Arabia
Licence	SCFHS registered
Email	contact@anas.men
GitHub	github.com/AnasPotter
Languages	Arabic · English — IELTS 7.0



Nursing Specialist with a BSc (Hons) in Professional Nursing from Queen's University Belfast, sponsored by the Medical Cities Program of the Ministry of Interior, and two years of NHS experience in Northern Ireland. I care for clients in mental health and community settings, and I design and build digital tools that make the daily work of clinical teams clearer, faster and safer.

Experience

Nursing Specialist

Azm Center for Psychological & Community Empowerment · Al Khobar Jun 2025 – Present Current

- Mental health and addiction nursing for adult male clients with substance use disorders (all substance types) and with mild to severe psychiatric conditions, including psychosis, schizophrenia, bipolar disorder, depression and anxiety.
- Nursing assessment on admission and throughout the stay, including mental state, risk and physical health.
- Safe medication administration and monitoring for effects and side effects.
- Recognising and managing withdrawal symptoms during detoxification.
- Close and one-to-one observation of high-risk clients, with de-escalation and safe management of agitation and aggression.
- Therapeutic one-to-one engagement with clients to build trust and support recovery.
- Supporting forensic clients through treatment and rehabilitation to prepare them for reintegration into the community.
- Coordinating care between psychiatrists, psychologists, social workers and the wider multidisciplinary team.
- Employed by the Ministry of Interior's Medical Cities Program (self-operation) since November 2019.

Nursing Specialist — Male Medical-Surgical Ward

Security Forces Hospital · Dammam May 2025 – Jun 2025

- Cared for adult male medical and surgical patients, including pre- and post-operative care.
- Assessment, vital signs, medication administration and documentation as part of the ward team.

Sponsored Nursing Scholar

Ministry of Interior — Medical Cities Program · Scholarship to the UK Nov 2019 – 2024

- Joined the Medical Cities Program in November 2019 and was selected for a government scholarship to study nursing in the UK.
- Completed the University Foundation Certificate (INTO Queen's) and a BSc (Hons) in Professional Nursing at Queen's University Belfast, alongside paid NHS work.

Senior Nursing Assistant — Band 3 (Bank)

South Eastern Health & Social Care Trust (NHS) · Northern Ireland, UK Nov 2022 – Nov 2024

- Helped patients with activities of daily living, including hygiene, mobility and eating, while protecting their dignity and comfort.
- Monitored and recorded vital signs, scored them with NEWS2, and escalated concerns to the clinical team promptly.
- Supported registered nurses with wound care, infection control and basic clinical procedures.
- Documented care in the Encompass (Epic) electronic health record.
- Built rapport with patients and families, offering emotional support and clear communication.

Education

BSc (Hons) Professional Nursing — Adult Nursing

Queen's University Belfast · UK 2021 – 2024

Sponsored by the Medical Cities Program, Ministry of Interior. Key modules:

Applied Pharmacology for Nursing Practice · Nursing Care of the Acutely Ill Adult · Specialist & Complex Care · Community & Integrated Care · Developing Leadership & Professionalism · Evidence-Based Nursing for Quality Improvement · Inter-Professional Working · Improving Mental Wellbeing · Public Health Perspectives

Nine clinical placements, mostly at the Ulster Hospital (South Eastern Trust, Belfast):

Emergency Department · Acute Medical Unit · Intensive Care Unit · Operating Theatres · Plastic Surgery · Gastroenterology · Mental Health · District Nursing (Community)

University Foundation Certificate

INTO Queen's University Belfast · UK 2020 – 2021

Achieved IELTS overall band 7.0, meeting the English requirement for entry to the nursing degree.

Licence

Saudi Commission for Health Specialties (SCFHS) — passed the professional classification exam and registered in 2025 (valid until 2027).

Projects

Wasl · وصل

One place where the whole multidisciplinary team hands over patients and talks to each other In development

The problem

In a hospital, the multidisciplinary team (nurses, doctors, pharmacists, therapists, social workers and more) communicates through phone calls, personal chat apps and paper. Messages about a patient get lost or land with the wrong person, nobody can tell who replied, and patient details end up on personal phones. Handovers between shifts and departments are done differently by everyone, so important information slips through.

How Wasl solves it

A secure platform built for clinical work: every conversation is linked to the patient, every handover follows the same structure, and managers can see where handovers get stuck.

Team messaging
Conversations and groups across the whole multidisciplinary team, linked to the patient, with alerts for urgent messages.

Structured handover
One card per patient with everything the next shift needs, risk tags, a quick view and a printable summary.

Any department, any hospital
Each department picks the features it needs, and role-based permissions decide who can do what.

Manager insights
Pending handovers, average time to accept, and late acceptances, so delays are visible.

Arabic (RTL) & English · Dark mode · Android app in progress · 80+ automated tests

HandoverApp · Handover System

Shift handover and catch-up summaries for nursing teams In daily use · 2 departments

The problem

- Handover relied on memory, so things were easy to forget and parts of it were often missing.
- After days off or a long leave, a nurse came back without the full picture of each patient.
- Catching up meant reading the medical team's long notes day by day, which takes a lot of time, especially after a long leave.

How it solves it

- A structured handover for every patient, so nothing important is left out.

- A quick summary of the whole department and of each patient: improvements, deteriorations and what changed since you were last on shift.
- Highlights what still needs follow-up and what is urgent.
- Shows medication changes and why they were made, in a few lines.
- An on-device AI "smart writer" (Gemma 4 via llama.cpp) helps draft, translate and organise notes. It works without the internet, so patient data stays on the local network.
- Used every day by all staff in two departments, with more than 75 releases shaped by their feedback. It became the groundwork for Wasl.

Daybrief

A personal secretary on your phone Open source

The problem

Your day is scattered across many apps: messages, reminders, people to follow up with and plans. It is easy to forget a reply or a promise, and most assistants that could help send your private data to the cloud.

How it solves it

An Android app that gathers messages, reminders, people and the day's plan into one daily brief, with everything kept on the phone.
github.com/AnasPotter/daybrief

Certifications & Training

Aa Name	Category	Issuer	Year
ACLS Provider — Advanced Cardiovascular Life Support	Emergency	Saudi Heart Association · Hikma Institute	2025
IELTS — Overall Band 7.0	Language	IELTS	2020–21
Basic Life Support (Adult) & eBLS	Emergency	NHS · SEHSCT	2023–24
NEWS2 — Acute Care	Emergency	NEWS2 eLearning (RCP)	2023
Stroke Core Competency	Clinical	Chest Heart & Stroke Scotland	2024
Essential Transfusion Practice	Clinical	NHS (BTT)	2024
Anaphylaxis & Patient Group Directions	Emergency	CEC	2024
Swallow Awareness (Dysphagia)	Clinical	CEC	2024

16 more training courses

Safeguarding Adults — Levels 1 & 2 · Deprivation of Liberty — Level 2 · Infection Prevention & Control — Tier 2 · Aseptic Non-Touch Technique (ANTT) · Encompass (Epic EHR) — Nursing · Medical Devices · Pressure Ulcer Prevention · Safeguarding Children — Level 1 · Information Governance · Emergency Preparedness · Manual Handling Awareness · Fire Safety Awareness · Cyber Security Awareness · Complaints Handling & Service User Experience · Equality, Good Relations & Human Rights · Nursing symposium — attendance

Skills

Holistic patient care · Mental health & community care · Medication administration · Vital signs & NEWS2 · Care planning · Infection control · Emergency response · Emotional support · Multidisciplinary teamwork

Python · Android / Kotlin · SQLite · On-device AI · HTML / CSS / JS · Git & GitHub · Epic (Encompass) EHR · Claude Code

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